

LESSON PLAN IDEA GIVE ALL YOUR WORRIES TO JESUS

By Karen Taylor

Give All Your Worries To Jesus

1 Peter Chapter 5 verse 7

Props:

- *Heavy and light rocks.

- *A back pack.

Karen: “We had a fabulous time in class. The kids enjoyed the story. We had a time of holding rocks, identifying worries and giving them to Jesus in prayer. It was very moving. Kids took turns adding rocks into a back Pack and feeling how heavy the bag becomes”.

- * Our worries are like heavy rocks we carry around all the time.

- * Spend time identifying each child’s worry.

- * Praying is talking to God.

- * When we ***Pray and in our minds and hearts give** each worry to Jesus its like a heavy rock has gone.

- * Kids are so literal they may think they have to go and give them to Jesus personally.

- *Pray with each child identifying a specific worry.

 - *Feel how light our back pack feels now!

 - * Tell them that they can do this anywhere at any time.

 - * See the joy and relief on their faces. It is powerful!