After Adam and Eve ate the fruit which God said not to touch, God told Adam that now people would have to work hard for their food.

But Cain thought he had done ALL the work himself. He forgot that everything comes from God. God wasn’t happy with his attitude.

God saw the love and thankfulness that was in Abel’s heart and God was pleased with the gift Abel gave to Him.

Cain got angry and jealous, because he thought God should like his gift best. He didn’t have a thankful attitude to God.

After God sent Adam and Eve away from the garden of Eden they had two boys, first Cain and then Abel.

Abel looked after the sheep. He brought his best little lamb to give to God. “Thank you God for everything you give to me,” he prayed.

He brought the first of all the vegetables from his garden, as a gift to God. “I will show God what I can do,” he thought.

Cain loved to grow vegetables, but it was hard work digging in the hot sun and weeding the garden.

But Cain thought he had done ALL the work himself. He forgot that everything comes from God. God wasn’t happy with his attitude.