How do we know that Jesus rose from the dead and is alive? Well let’s look at what is said about this in the Bible and the people who saw Jesus alive.

Jesus, God’s Son, died and was in the grave for three days and nights. But early on Sunday morning He rose from the dead and was seen by Mary Magdalene.

Mary told Peter and John that Jesus was alive! They ran quickly to the tomb to see for themselves. They found the stone rolled away from the door and the grave clothes were empty.

Two men were walking along the road talking together. They were disappointed that Jesus had died. They thought He was the promised Messiah. Jesus appeared and explained things about Himself from the Old Testament.

That evening some of Jesus’ friends were in a room with the door closed. Suddenly Jesus appeared amongst them. They were glad and believed, when they saw Jesus alive!

A short time later, seven of Jesus’ disciples returned from fishing to find Jesus cooking fish on a fire on the beach and they ate breakfast with Him. Jesus really was alive!

Not long after, Jesus was seen by a big crowd of more than five hundred of His friends and followers at once! They all saw Him alive and believed!

When Jesus went back up to His Father in heaven, eleven of his disciples watched Him go. Many people saw these things with their own eyes and tell us that yes, Jesus is alive!