In the Law of Moses the Sabbath Day was a day of rest and your right hand was your clean hand. To use your left hand to eat, or to touch someone, was bad manners.
One Sabbath day, Jesus went to the Synagogue and saw a man with a hand that had never grown. It was small and withered and he couldn’t use it.
The Pharisees studied the Law of Moses. They were jealous of Jesus and watched to see if he healed anyone on the Sabbath day of rest, so they could get rid of him.
Jesus knew what the Pharisees were thinking. “Does the Law of Moses say to do good, or evil, on Sabbath days?” he asked them. They never answered, because Moses’ Law says to do good.
Jesus was angry with the Pharisees, because they didn’t care at all about the poor man. But Jesus cared and he told the man to stand where everyone could see him.
“Stretch out your hand,” Jesus said to him. The man stretched out his hand and there, in front of everyone in the Synagogue (including the Pharisees) the man’s hand was healed!
Right in front of his own eyes, the man watched his hand grow and become a normal hand! It was a miracle! He was so happy.
The angry Pharisees went straight out to meet with the Herodians. They were also leaders who didn't like people following Jesus. They wanted to make a plan to get rid of him.